you about the study and what it involves so you can decide whether to volunteer.
Please read this information and ask questions if you do not understand what you read, or you want more details. Before you decide whether to take part, you may wish to discuss the study with a relative, friend, or other support person/carer/health professional.

Participation in this research is voluntary. If you decide to volunteer for the research project, you will be asked to sign a consent form to confirm that you:

- Understand everything that you have read in this information sheet.
- Consent to take part in the research described.
- Consent to the collection of some of your personal information.

You will be given a copy of this Participant Information Sheet to keep.

What is the purpose of this research?
This research involves adults of all ages and has two purposes:

- To find out if *IPRO*© methods show the same amount of cortisol from a saliva sample when it is tested more than once using the same process.
- To find out if *IPRO*© measures the amount of cortisol as accurately as a traditional laboratory method which is considered to be the 'Gold Standard' for accuracy.

This will provide evidence of whether the *IPRO*© method has scientific soundness to use as a 'point of contact' method to collect and analyse human saliva for future research and by clinicians working 'on field' ordate which is acceptable to the volunteer

If you are interested in taking part, a member of the research team will check if you are eligible during a pre-arranged screening session. This will take approximately 5 minutes and can be conducted via phone. If the initial screening shows that you cannot be in the research project, this will be discussed with you and an explanation provided. If you are suitable to take part, we will provide you with information advising the time, date, and location of the data collection session, including information on what to expect, and how to prepare. On attendance we will ask you to read and sign a consent form, then you will be enrolled as a participant.

The duration of the data collection attendance is estimated at 30 minutes. Data collection will be conducted in a private area by one of the research team members, who will:

- Answer any questions you have
- Gain

your written consent

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out if this 'point of collection' method is valuable for future research and clinical use.

The study is funded by James Cook University (JCU), and is being conducted by Dr Carol Ann Flavell, Associate Professor Anne Jones, Dr Michael Crowe, Associate Professor Donna Rudd, Miss Amy Combers, Ms Gitte Niels Mrs Rachel Pappas.

- Take a saliva sample using a technique where you place three sponge swabs under your tongue until sufficient saliva is collected. Saliva testing will be conducted using a sterile technique and the collected specimen will be processed using both the *IPRO*© and the 'Gold Standard' laboratory method.

Other relevant information about the research project

Saliva samples will be collected under strict health and safety protocols. A member of the research team will make sure you have all the instructions and help you need to complete the collection task. The research team will protect your right to privacy, your cultural needs, and wishes. All data and information that you agree to provide for this research will remain private and confidential.

information will only be used for the purpose of this research project and it will only be disclosed with your permission, except as

required by law. In accordance with relevant Australian and/or Queensland privacy and other relevant laws, you have the right to request access to the information about you that is collected and stored by the research team. You also have the right to request that any information with which you disagree be corrected. Please inform the research team member named at the end of this document if you would like to access your information.

Any information obtained during the research project is subject to inspection (for the purpose of verifying the procedures and the data) by the Human Research Ethics Committees of James Cook University, as relevant to this Participant Information Sheet, or as required by law. By signing the Consent Form, you authorise release of, or access to this