



EXAM

<input type="checkbox"/> for more than a total of two hours over a whole shift				
<input checked="" type="checkbox"/> continuously for more than 30 minutes at a time?				
Question 3 - Does the task involve sudden or near maximal force?				
<input checked="" type="checkbox"/> Yes (4-5) <input type="checkbox"/> No (1-3)				
1 No effort	2	3 Moderate Force	4	5 Maximum Force
If yes to Question 3 = HAZARDOUS				

EX

